

AMGUEDDFA CYMRU

STEPPING OUT

TRAIL 1



Discover what happens at Pit Top. Follow the Dram Circuit to the Lamp Room and meet our canaries, before strolling down to the Saw Mill and then back to the Blacksmith Forge, Indoor Stables and Play Lab.

TRAIL 2



Get kitted up, leave your contraband behind and travel 300ft underground with your guide to find out what life was like for the thousands of men, women and children who worked underground. Some areas may be slippery, and you may need to watch your head in places! Disabled route available.

TRAIL 3



Make your way up to King Coal: *The Mining Experience* where you'll find an audio-visual experience and follow your virtual guide as he explains the modern mining equipment used underground. Move on to the Fan House – an essential part of keeping the mine ventilated and safe – then walk around to the Pit Head Baths entrance, keeping your eyes peeled for the friendly sheep who like a chat over the fence!

TRAIL 4



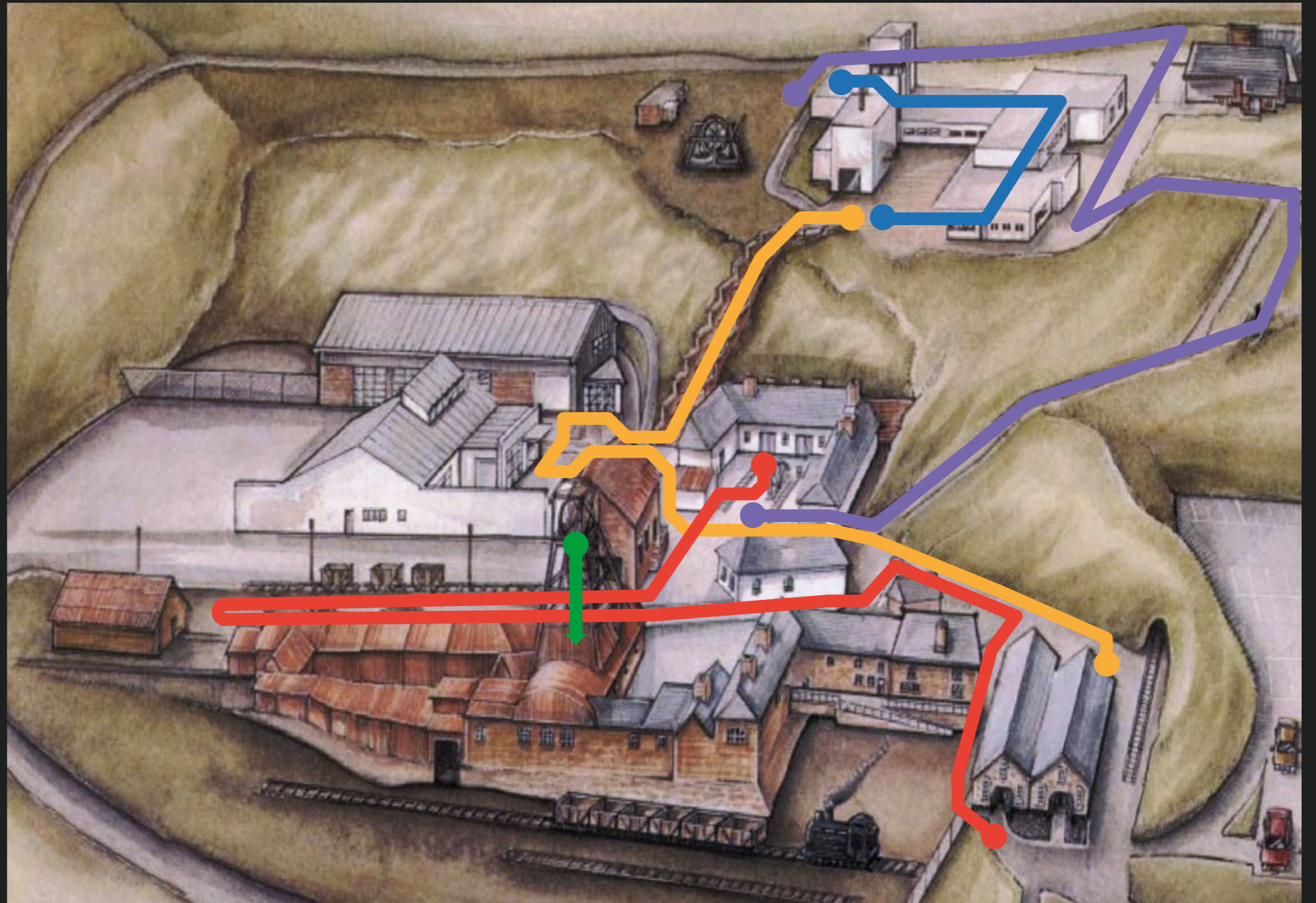
In the Pithead Baths you'll really get to know the story of coal mining in Wales and how the life and work of a miner has changed from 1850 to 2000. Geology, communities, disasters, Trade Unions and much more - take your time to take it all in, and then rest those weary legs and treat yourself to a cuppa, cake or a hearty home cooked meal in the Miners' Canteen.

TRAIL 5



Our final trail brings you full circle back to the beginning of your visit and through to our Gift Shop. But before we say goodbye, and as you exit the Pit Head Baths, take a moment to enjoy the breath-taking view of the mountains, tips and town below which are all part of the UNESCO World Heritage Site. Then wander down to the Conservation Stores, to see some impressive coal cutting machinery, check out our Temporary Exhibition space, and make your way to the exit.

Are you keeping count of how many steps you do per day? Here at Big Pit we can help you add to your total, while browsing the many original colliery buildings, enjoying the Underground Tour or exploring the Pit Head Baths and Exhibitions. Taking a walk is said to be good for your health both physically and mentally. So it's time to put your best foot forward and see some of our sights.



If you'd like to carry on your step count today (or maybe visit again), then Coity Tip, Garn Lakes, the Ironworks, the World Heritage Centre and Blaenafon Town are all within walking distance, offering spectacular natural beauty packed with history.

All calculations are approximate and may vary between step counters.